

The Foundation House Menu

Monday

Choose 1

Beef Stew

Fired Pork Chop

Smothered Okra

w/ Chicken & Sausage

Served with Rice & Gravy

Choose 2

Cabbage

Yams

Black Eye Peas

With Cornbread

or Roll

Tuesday

Choose 1

Smothered Turkey Wings

Meatloaf

Fired Pork Chop

Served with Rice & Gravy

Choose 2

Red Beans

Corn

Mashed Potatoes

With Cornbread

or Roll

Wednesday

Choose 1

Fried Pork Chop

Baked Chicken

Smothered Pork Chop

Cornbread Dressing

Rice & Gravy

or Rice & Dressing

Choose 2

Corn

Green Beans

Mac & Cheese

With Cornbread

or Roll

Thursday

Choose 1

Oxtails \$10

Fried Pork Chop

Meatball Stew

Served with Rice & Gravy

Choose 2

Mustard Greens

Yams

Red Beans

With Cornbread

or Roll

Friday

Choose 1

Smothered Ribs \$10

Fried Catfish

Fried Garfish

Rice Dressing or Rice & Gravy

Choose 2

Green Beans

Mac & Cheese

Potato Salad

With cornbread

or Roll